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THE ICRS MINUTE

A BI-MONTHLY NEWSLETTER BROUGHT TO YOU BY PRINCIPAL RUTHERFORD



PRINCIPAL'S MESSAGE

Dear Parents:

Thanks to the staff who prepared the school, parents who hunted down school supplies and uniforms, and students who came with positive attitudes and smiling faces: ICRS is off to a great start!



We have lots going on:

MAP testing and dyslexia screening – The MAP test (Measure of Academic Progress) is the standardized test that ICRS students, grade 1-8, take twice a year. It helps us measure growth and allows us to compare our progress to the Archdiocese and national norms. The dyslexia screener is given to grades K-3. It does not diagnose dyslexia, but it does flag students who show tendencies toward dyslexia. If a child is flagged, ICRS teachers will follow up with additional assessments and work with parents to determine next steps in helping children succeed in reading. We have already found that our focus on the science of reading has dramatically reduced the number of children who are being flagged on this test.

Family Fun Night and Laser Tag – Please join us on Friday, September 22, for laser tag and a parent social. PreK-4th grade laser tag from 4:30-5:45pm and 5th-8th grade laser tag from 6-7:30pm. Families with multiple children please pick one time slot. At least one parent must be present for students to participate. Events like these are made possible by volunteers, so please sign up to volunteer [here](#). If we don't have volunteer slots filled by Monday afternoon, we will have to cancel this event.

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PRINCIPAL'S MESSAGE (CONT.)

Dismissal – We are working hard to reduce the amount of time it takes to get through the ferry line. SAFETY IS OUR NUMBER ONE PRIORITY. We sent home “Students After School Plan” sheets to help the teachers know where each child goes each day. We do not need to know who is picking the child up, just whether they are going to the ferry line, extended care, sports, or walking. This helps the teachers create a calm process at the end of the day. 8th grade families are now allowed to park by the fence across from the church and pick up their children there. ***This is an unsupervised area and only 8th grade families can use this area.*** Only preschool families can use the St. Joe’s parking lot. We understand and acknowledge the amount of time it takes to pick up your child safely. Please honor our system and be patient as we work on efficiency.

Catholic Identity – This month we are celebrating St. Phoebe, deaconess of the church. In Romans 16:1-2, St. Paul says: I commend to you Phoebe our sister, who is [also] a deaconess of the church at Cenchreae, that you may receive her in the Lord in a manner worthy of the holy ones, and help her in whatever she may need from you, for she has been a benefactor to many and to me as well.

St. Phoebe illustrates the historical role of women in the church. As Catholic leaders (including women) throughout the world gather in Rome for the synod, one of the topics being discussed is the ordination of women into the diaconate. If you would like more information, please refer to DiscerningDeacons.org, or contact me. I am excited to work toward more leadership and participation by women in the church that I love so dearly.

-Sarah Rutherford

MENTAL HEALTH RESOURCES

September is National Suicide Prevention Month to acknowledge those affected by suicide, educate individuals on the warning signs of suicide, and connect individuals to life-saving resources. It’s important to talk about mental health and suicidal ideation at home to reduce the stigma surrounding this topic and encourage individuals to seek treatment. To learn more about how to start





MENTAL HEALTH RESOURCES (Cont.)

the conversation with your child and the warning signs of suicide, please click [here](#).

If you or someone you know is struggling or in crisis, help is available. Call or text 988 or chat at 988lifeline.org to reach the 988 Suicide & Crisis Lifeline. For more resources about Youth Suicide, please visit: <https://www.nami.org/Your-Journey/Kids-Teens-and-Young-Adults/What-You-Need-to-Know-About-Youth-Suicide>

IMPORTANT DATES

September 21: Altar server training with pizza lunch (3rd-8th graders)

September 22: Picture Day [order here](#), School mass @ 9:30am, Family Fun Night Laser Tag @ 4:30pm

September 28-29: 7th grade overnight trip to Baker Lake

