

VOL. 2 ISSUE 3 • AUGUST 31, 2023

THE ICRS MINUTE

A BI-MONTHLY NEWSLETTER BROUGHT TO YOU BY PRINCIPAL RUTHERFORD

PRINCIPAL'S MESSAGE

Dear Parents:

Thank you to everyone who makes our school community strong:

- Thank you to those who weeded, fluffed the bark, painted lines on the playground, wiped down walls, and moved furniture last week.
- Special thanks to the Fisher family for installing the new playground equipment.
- Thank you to Liam Johnston, Alicia Morgan, and Jason Morgan for leading our basketball and art camps last week. They are all ICRS alums who have come back to serve our community.
- Thank you to Paul Dunn for introducing the *Wait Until 8th* program to our community last night. Please see the quick links for more information.

A couple reminders for you as we head into the first week of school:

- Middle school soccer has their first meeting after school on September 6th and STEM club starts on September 13th. First trimester STEM is for 7th and 8th graders and fills up quickly. Please complete the STEM contract in the quick links.
- We are hoping to have boys and girls ICRS basketball teams through the MV Parks and Rec Swish program. We will have ICRS uniforms. If you would like your child to be on an ICRS team or are interested in coaching an ICRS team for your child's grade, please let me know. You can use St. Joe's for practices.
- Extended care will be offered both before and after school on the first day. Since it's a half day, please pack a lunch.



THIS ISSUE:

PRINCIPAL'S MESSAGE
PAGE 01

UPCOMING EVENTS
PAGE 02

QUICK LINKS
[SUPPLY LISTS](#)
[CARE SOLACE \(ENGLISH\)](#)
[CARE SOLACE \(SPANISH\)](#)
[CARPOOLING FORM](#)
[BACK-TO-SCHOOL NIGHT SLIDES](#)
[WAIT UNTIL 8TH](#)
[STEM CONTRACT](#)
[AFTER SCHOOL PLAN](#)
[FREE/REDUCED LUNCH \(ENGLISH\)](#)
[FREE/REDUCED LUNCH \(SPANISH\)](#)
[SEPTEMBER VOLUNTEER SIGN-UP](#)





PRINCIPAL'S MESSAGE (CONT.)

- Hot lunch prices are increasing this year. MVSD has increased our costs. ICRS does not make a profit on our lunch program. Please apply for free and reduced lunch if you think your family may qualify. If you would like to join an ad hoc committee that will explore alternatives to our hot lunch partnership with the MVSD, please contact Brock Veltri, our School Commission president.
- We've partnered with Care Solace for mental health and substance use services. Care Solace will find help for you or your child 24/7/365, at no cost to you. You can access Care Solace services in three ways:
 - Call 888-515-0595. Multilingual support is available.
 - Search anonymously to get matched with an extensive list of care providers at caresolace.com/archseattle.
 - Contact your Mrs. Rutherford and she will submit a referral on your behalf.

We are confident that our new partnership with Care Solace will help us build a healthier, more vibrant school community.

-Sarah Rutherford

IMPORTANT DATES

September 5: 1st day of school - Join us for prayer in the grotto at 8:40am followed by parent coffee social in St. Joe's

Noon Dismissal (11:30am dismissal for PreK)

September 6: Wednesday late start

September 8: School mass at 9:30am - parents welcome

September 11: MAP testing begins

